

Application No. 09/412,082  
Amendment dated July 12, 2007

**Amendments to the Abstract:**

Please replace the current Abstract with the following amended Abstract:

—The present invention is directed to a method of inserting a variety of interbody spinal fusion implants across a disc space between adjacent vertebral bodies. The variety of implants having have at least a partially frusto-conical configuration or opposed arcuate portions in an angular relationship to one another along the length of the implant, and the instrumentation and methods by which the implants One of the methods of the present invention contemplates distracting the adjacent vertebral bodies, forming a bore from the anterior or posterior aspect of the spinal column across a distracted disc space between the adjacent vertebral bodies and into the adjacent vertebral bodies, and inserting into the bore the spinal implant having opposed arcuate portions in an angular relationship to one another along the length of the implant and oriented toward the adjacent vertebral bodies.—